

# AI Ground Rules

Seven rules for families with kids ages 5 to 12

## 1 We use AI together

The adult should stay present, manage the account and privacy settings, and follow the age requirements for the specific tool.

## 2 Private stuff stays private

No full name, no school, no address, no photos.

## 3 AI can be wrong, so we check

Treat every answer as a first draft, not a verdict.

## 4 AI helps, it does not do

It can explain things and quiz you. You do the work.

## 5 AI lives in shared spaces

Kitchen and living room, not behind a closed door.

## 6 Feelings are for people

Big worries go to people who love you, not a text box.

## 7 "That was weird" is always safe

Telling a grown-up never costs you the tablet.

We agree to these:

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Chatbot accounts start at 13, and 18 for Claude. Younger than that, it is your account.